

Dear Parents of 8th & 9th Graders,

Our church will be offering Our Whole Lives, Sexuality and Our Faith-- comprehensive sexuality education for 8th and 9th graders this Fall. Here are the details, in Q & A form!

When is OWL for my 8/9th grader?

- Please see the program dates and lessons below, it will be a combination of Sunday afternoons and weekend-long retreats.

Who are the Co-Facilitators and how do they know how to teach this stuff?

- Awesome church members Andy DelMonte and Kendall Tripathi-Clark will be leading the program with our 8/9th grade participants.
- They have attended a weekend-long intensive training in Our Whole Lives/Sexuality & Our Faith, and are fully certified to lead OWL with Middle and High School youth.

How much does it cost?

- The program is free-- our church views comprehensive sexuality education as a life-saving, justice-making gift to the community!

What if my child can't make it to some of the program dates? Do you have an absence policy?

- The program builds on itself, with incremental lessons that create healthy group dynamics. It is important for families to commit to the whole program--for both the learning of the materials, and the safety of the group. We aim for 100% participation!
- Because 6 workshops will be covered at each retreat, we require full attendance at all the weekend-long retreats.
- Although it is not ideal, if your child must miss a workshop, please let the instructors know a week before, if possible. There may be materials the facilitators can send home for you to review with your child.
- We ask for no more than 2-3 absences over the entire course. Repeated absence may result in dismissal from the program, due to the sensitive nature of the material and the health and safety of the entire group.

How do I sign up?

- Enrollment for church members begins Monday, August 6th. Enrollment for the larger Sebastopol community begins Monday, August 13th. Sign up early to get a spot!
- Sign up by emailing or calling the church office: office@uccseb.org.
- Parents will be required to attend an Orientation on September 9th, 12-2:30pm.

Want to know more about OWL?

- Check out what our denomination says about OWL at http://www.ucc.org/justice_sexuality-education_our-whole-lives
- The curriculum books are available in the church office
- Please ask the OWL Team: Brooke Bell, Kristen DelMonte, or Pastor Rachel if you have additional questions

I look forward to this Fall's OWL journey!

Warm Regards,
Pastor Rachel

Community Church of Sebastopol's 8/9th Grade OWL, Fall 2018!

date	session	time	topic
Sunday, 9/9 (launch sunday)	Parent Orientation	12-2:30pm	(parents meet teachers, commit to program, get an intro)
WEEKEND RETREAT 9/15-9/16	Opening Retreat: Sessions 1-6 Saturday	Saturday 8am - Sunday 2pm (attend church together)	<ol style="list-style-type: none"> 1. What is Sexuality? 2. Examining Values 3. The Language of Sexuality 4. Anatomy & Physiology 5. Personal Concerns about Puberty 6. Body Image
Sunday, 9/23	Session 7	12-2pm	7. Gender Identity
Sunday, 9/30	Session 8	12-2pm	8. Gender Expression, Roles, & Stereotypes
Sunday, 10/7	Session 9	12-2pm	9. Sexual Orientation
Sunday, 10/14	Session 10	12-2pm	10. Guest Panel
Sunday, 10/21	Session 11	12-2pm	11. Sexuality & Disability
WEEKEND RETREAT 10/27-10/28	Sessions 12-16 Saturday	8:00am Saturday - 2:00pm Sunday	<ol style="list-style-type: none"> 12. Healthy Relationships 13. Relationship Skills 14. Sexuality, Social Media, & the Internet +Pornography Workshop from Sexuality & Our Faith 15. Bullying & Bystander Responsibilities 16. Redefining Abstinence
Sunday, 11/4	Session 17	12-2pm	17. Lovemaking
Sunday, 11/11	Session 18	12-2pm	18. Consent Education
Sunday, 11/18	Session 19	12-2pm	19. Sexually Transmitted Infections

THANKSGIVING BREAK			
WEEKEND RETREAT 12/1-12/2	Sessions 20-25 Saturday +Blessing in Worship	8:00am Saturday - 2:00pm Sunday	20. Pregnancy, Parenting, & Teen Parenting 21. Unintended Pregnancy Options 22. Contraception & Safer Sex 23. Sexual Decision Making 24. Communicating with a Sexual Partner 25. Self-Care, Celebration, & Closure